USUAL PREGNANCY TESTS TO EXPECT

Week	Where	What to expect
< 10 weeks	GP 1 or 2 visits	• Confirmation of pregnancy, discussion of options of care and healthy pregnancy advice • Routine blood and urine tests - **GP to provide a hard copy of pathology results for first antenatal clinic visit** • Discussion about chromosomal testing • Booking clinic referral • If needed: dating scan, cervical screening, genetic counselling referral, chromosomal testing referral
11 - 13 weeks + 6 days	Ultrasound	• Nuchal translucency (NT) and blood tests
11.5 - 14 weeks	GP	• Review and discussion of all results. • Risk factors checked for fetal growth restriction (FGR) - reviewed at each antenatal visit • Influenza and COVID-19 immunisation status checked - COVID-19 immunisation if unvaccinated or booster is due • Morphology ultrasound referral (20 weeks)
14 weeks	Antenatal Clinic	• First hospital antenatal clinic visit (Booking visit) with Midwife. • **Take hard copy of pathology results provided by your GP**
20 weeks	Ultrasound	• Morphology ultrasound
20 weeks	GP	• Review of morphology ultrasound result • Pertussis immunisation - generally recommended between 20- and 32- weeks gestation • Routine visit - blood pressure, fundal height, fetal movement, fetal heart sounds
24 weeks	GP	• Routine visit • Discussion of decreased fetal movements, safe going-to-sleep position, and signs of preterm labour • Referral for blood tests at 26-28 weeks - **GP to send a copy of results to the antenatal clinic**
28 weeks	Antenatal Clinic	• Routine visit • Rh D immunoglobulin immunisation if Rh negative
31 weeks	GP	• Routine visit
34 weeks	GP	• Routine visit • Discussion of low vaginal swab • Confirmation of 36 weeks antenatal clinic visit. • Repeat of full blood count if needed - **GP to send a copy of results to the antenatal clinic**
36 weeks	Antenatal Clinic	• Routine visit • Rh D immunoglobulin immunisation if Rh negative • Low vaginal swab • Repeat of syphillis testing for higher risk women • Discussion of signs of labour and planning for the babys birth
38 weeks	GP	• Routine visit
40 weeks	Antenatal Clinic	• Arrangement and discussion of antenatal clinic visit at 41 weeks and induction of labour
41 weeks	Antenatal Clinic	• Routine visit • Fetal (baby) assessment • Plan for induction of labour
Discharge to 6 weeks postnatal	GP	• Review of hospital summary of labour / admission • Assessment of mother and baby

21/11/2024

SAC CONTACTS

GP Phone:

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Antenatal Booking Offices:

Hornsby Ku-ring-gai	9485 6699
Northern Beaches	9105 6015
Royal North Shore	9463 2378

Shared Antenatal Care is a partnership between your GP and the midwives from the hospital maternity care teams.

SCAN ME FOR A LIST OF SAC GPs

www.snhn.org.au

Sydney North Health Network is supported by funding from the Australian Government under the PHN Program

NSW GOVERNMENT Health Northern Sydney Local Health District

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Sydney North Health Network

GP SHARED ANTENATAL CARE

Select the right care for you and your family

NSW GOVERNMENT Health Northern Sydney Local Health District

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Sydney North Health Network

INTRODUCING SHARED ANTENATAL CARE

What is GP Shared Antenatal Care?

GP Shared Antenatal Care is sharing your pregnancy care between a General Practitioner (also known as your 'GP' or 'local doctor') and your nearest public hospital.

Am I suitable for GP Shared Antenatal Care?

If you have an uncomplicated pregnancy and no history of obstetric problems, GP Shared Antenatal Care could be the right option for you.

Your GP or the Hospital Antenatal Clinic can advise if you are suitable.

For enquiries about Shared Antenatal Care or help during your pregnancy, ask to be put through to the Hospital Antenatal Clinic.

Hornsby Ku-ring-gai	9485 6699
Northern Beaches	9105 6015
Royal North Shore	9463 2377

ABOUT SHARED ANTENATAL CARE

What are the advantages of GP Shared Antenatal Care?

Choosing GP Shared Antenatal Care enables you to:

- have most of your antenatal appointments with your GP at a time convenient to you, and
- still have access to specialist care at the hospital.

How does GP Shared Antenatal Care work?

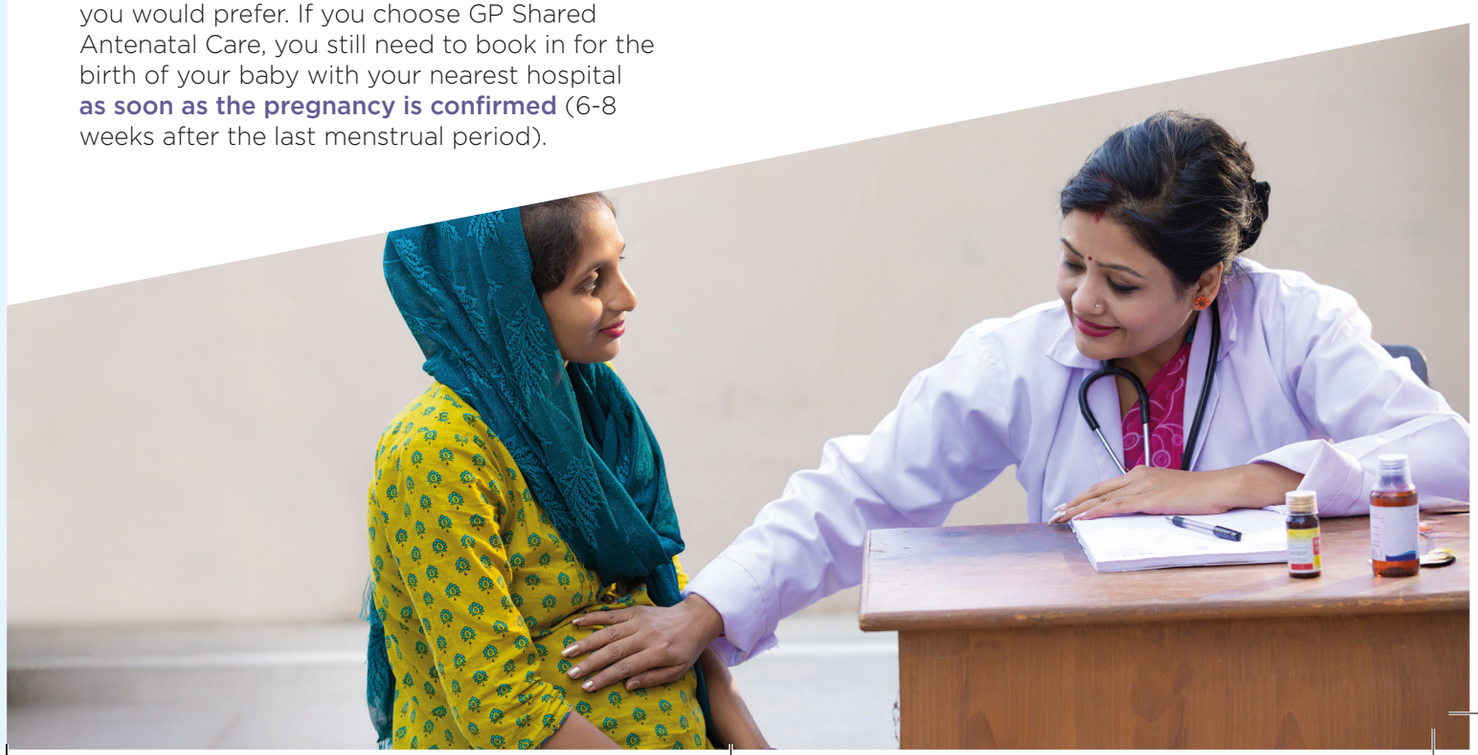
Your check-ups will be shared between your GP's surgery and the Hospital Antenatal Clinic.

How do I choose GP Shared Antenatal Care?

As soon as you know you are pregnant, let your GP know which antenatal care option you would prefer. If you choose GP Shared Antenatal Care, you still need to book in for the birth of your baby with your nearest hospital **as soon as the pregnancy is confirmed** (6-8 weeks after the last menstrual period).

What is an Antenatal Care Record Card?

When you commence GP Shared Antenatal Care, you will be given a yellow Antenatal Care Record Card. It is important that you take this with you to all your visits to your GP and the Hospital Antenatal Clinic as it contains important information about how your pregnancy is progressing.

Usual baby and mother checks

Your GP will be providing most of the routine baby checks and immunisations for your baby. GP Shared Antenatal Care can help establish a good relationship with your GP for you and your baby's future medical needs.